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NACC PERSONAL SUPPORT WORKER (PSW) Certificate



Program Length: 35 Weeks - 700 Hours
Clinic Placement: 310 Hours
Delivery Method: In-class
Students: Domestic and International
NOC 4412: Median Start Income \$40,000 YR



NACC PERSONAL SUPPORT WORKER Certificate

Program Overview

The **NACC Personal Support Worker (PSW)** program prepares graduates to provide:

- supportive care to individuals by assisting them with their activities of daily living,
- clients experiencing cognitive impairment, physical disability, and mental health challenges.
- personal care such as dressing, personal hygiene, mobility and other routine activities of living
- Comply with Regulated Health Professions Act,
- home management (shopping, cleaning and meal preparation, family responsibilities (care giving to children assisting with social and recreational activities).
- PSW provide safety and well-being sensitivity and respect for those in their care.
- The attitude, abilities and approach of the PSW are critical to the well-being and health of the people they support.



Graduates may find employment in a variety of care settings including:

- Long-term care facilities
- Home care services giving care to clients living in their own homes in the community
- Supportive housing settings including senior's apartments and retirement homes
- Group homes
- Hospitals
- Adult day programs
- Educational facilities

NACC PERSONAL SUPPORT WORKER CERTIFICATE



Job Responsibilities

- Co-operates with all members of the health team
- Promotes safety and works in a safe manner
- Assists with walking, movement and positioning
- Assists with mechanical and physical lifts and/or transfers
- Assists with personal care, personal hygiene, dressing, including laundry related tasks
- Assists with meal preparation, grocery shopping, feeding, dietary planning, food handling
- Answers call bells
- Checks and records vital signs
- Teaches life skills
- Assists with range of motion exercise and other rehabilitative measures
- Practices universal precautions and maintains a clean working environment
- Provides emotional and social support services to care-receivers and their families
- Is aware of common allergies and related first aid measures
- Works as a supportive care worker for palliative care and hospice patients
- Observes and reports clinical and treatment findings, behavioural changes and changes in ongoing conditions.
- Maintains records, documents procedures

Admission Requirements

- **18 years of age or older.**
- **Secondary school diploma or equivalent.**
- **Live online or In-person interview.**
- **IELTS of 6 or PTE or TOEFL result to prove English proficiency**
- **Post Secondary diploma, degree with a minimum GPA of 60% (if applicable)**
- **All certificates or degrees earned from another country must be assessed by any of the following institutions to determine Canadian equivalency:**
- **World Education Services (www.wes.org/ca)**
- **International Credential Assessment Service (www.icascanada.ca)**